

PLAN YOUR DIPLOMA JOURNEY – WORKSHOPS LISTED BY TOWN 2024/25

LONDON

The Therapeutic Power of Language (2-day course)	Tues 1.10.24 & Wed 2.10.24
How to Tell Stories that Heal	Thurs 3.10.24
Stopping Addictions	Tues 8.10.24
Overcoming Self-harm	Wed 9.10.24
How to Control Chronic Anxiety	Tues 5.11.24
How to Lift Depression	Wed 6.11.24
Guided Imagery and Visualisation	Mon 11.11.24
The Rewind Technique	Tues 12.11.24 & Wed 13.11.24
Guided Imagery II – 3 Essential Techniques	Thurs 14.11.24
Guided Imagery and Visualisation	Mon 10.02.25
The Rewind Technique	Tues 11.02.25 & Wed 12.02.25
Dealing with Conflict	Mon 12.05.25
Stopping Addictions	Tues 13.05.25
Overcoming Self-harm	Wed 14.05.25
The Therapeutic Power of Language (2-day course)	Mon 19.05.25 & Tues 20.05.25
How to Tell Stories that Heal	Wed 21.05.25
How to Control Chronic Anxiety	Mon 9.06.25
How to Lift Depression	Tues 10.06.25
Guided Imagery and Visualisation	Mon 16.06.25
Guided Imagery II – 3 Essential Techniques	Tues 17.06.25
The Rewind Technique (2-day course)	Wed 18.06.25 & Thurs 19.06.25
Guided Imagery and Visualisation	Mon 6.10.25
The Rewind Technique (2-day course)	Tues 7.10.25 & Wed 8.10.25
Guided Imagery II – 3 Essential Techniques	Thurs 9.10.25
Dealing with Conflict	Mon 13.10.25
The therapeutic Power of Language (2-day course)	Mon 3.11.25 & Tues 4.11.25
How to Tell Stories that Heal	Wed 5.11.25
How to Control Chronic Anxiety	Mon 17.11.25
How to Lift Depression	Tues 18.11.25
Stopping Addictions	Wed 19.11.25
Overcoming Self-harm	Thurs 20.11.25

BRISTOL

Dealing with Conflict	Mon 3.02.25
The Therapeutic Power of Language (2-day course)	Tues 4.02.25 & Wed 5.02.25
How to Tell Stories that Heal	Thurs 6.02.25
How to Control Chronic Anxiety	Mon 3.03.25
How to Lift Depression	Tues 4.03.25
Stopping Addictions	Wed 5.03.25
Overcoming Self-harm	Thurs 6.03.25
Guided Imagery and Visualisation	Mon 7.04.25
Guided Imagery II – 3 Essential Techniques	Tues 8.04.25
The Rewind Technique (2-day course)	Wed 9.04.25 & Thurs 10.04.25
The Therapeutic Power of Language (2-day course)	Mon 4.08.25 & Tues 5.08.25
How to Tell Stories that Heal	Wed 6.08.25
Stopping Addictions	Thurs 7.08.25
Overcoming Self-harm	Fri 8.08.25
Guided Imagery and Visualisation	Mon 18.08.25
The Rewind Technique (2-day course)	Tues 19.08.25 & Wed 20.08.25
How to Control Chronic Anxiety	Mon 29.09.25
How to Lift Depression	Tues 30.09.25
Guided Imagery and Visualisation	Mon 1.12.25
The Rewind Technique (2-day course)	Tues 2.12.25 & Wed 3.12.25
Guided Imagery II – 3 Essential Techniques	Thurs 4.12.25

Part 2 dates - 2025

These courses are filling up fast, please contact us as soon as possible if you are thinking of booking on.

SPRING

Week 1:
Mon 31st March – Fri 4th April

Week 2:
Mon 28th April – Fri 2nd May

AUTUMN

Week 1:
Mon 15th – Fri 19th September

Week 2:
Mon 20th – Fri 24th October

The HG Diploma is a part-time, highly practical and accessible psychotherapy course – the skills and knowledge you will gain also have wide-ranging applications outside the field.



It is a recognised part of the national SCoPEd psychotherapy and counselling training framework. Graduates are eligible to join the Human Givens Institute and be listed on its Professional Register of qualified HG therapists, which is accredited in the UK by the Professional Standards Authority for Health and Social Care (PSA).

humangivens.com/diploma

For full details of all Part 1 courses, visit:
www.humangivens.com/part-1/



view all courses

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