

Working Towards Part 2

Guidance for students on Part 1 of the Human Givens Diploma

The Human Givens (HG) Diploma has been designed to be as flexible as possible so you can fit it in around your other commitments. To help you get the most out of your learning and plan your time effectively, we've put together this short guide on what you need to do before attending Part 2 and some common student questions.

Get in contact

Once you've tried our training and have decided you'd like to take the Diploma, please let Fiona Heffernan, our College Registrar, know so she can help guide you through the course. Contact via email: <u>admin@humangivens.com</u> or phone: +44 (0)1323 811690.

Part 1 courses

These do not have to be attended in a specific order and you can start with any course. Many start with the 2-day <u>The Therapeutic Power of Language</u>, as this gives you an essential therapeutic skills toolbox, or with our <u>Diploma-linked online courses</u>, which are taught by the co-founders of the HG approach, Joe Griffin and Ivan Tyrrell. The in-person attended workshops are run in convenient blocks, so you can attend more than one workshop at a time – see <u>Fast Track Weeks</u>.

Reading List

There is a <u>Reading List</u> for the DIploma. Start working through this during Part 1. You MUST read the mandatory items, in particular the main '<u>Human Givens' book</u> and the Diploma Manual, and listen to the podcasts before attending Part 2. Allow yourself plenty of time to do this. Guidance is given on what to read when and on how to read critically.

Part 2 Application

You can apply for your chosen <u>Part 2 dates</u> before you have finished the <u>Part 1 courses</u>, but they must be completed before you attend <u>Part 2</u> – this is to ensure you get the most out of the Part 2 training. Please fill in the <u>Part 2 application form</u> and pay your deposit of £300 to guarantee your place on your preferred date for Part 2. You will be sent the final invoice for Part 2 (less the deposit) 2 months prior to the first week. This must be paid in full a month before you attend Part 2. When you have paid the full fee in full, we will send you the Diploma Manual and Student Handbook. *Also see:* <u>How to apply ></u>

Can I pay for Part 2 by installments?

Yes. If you would like to spread the cost of Part 2, please contact the College to arrange paying by installments. *Please note:* full payment of the fee must still be received at least 1 month prior to Week 1 to ensure you have enough time to read your Part 2 Manual.

Confirmation of your place on Part 2

You will receive a letter to confirm your place with the timings for each day of the course (these vary between the two weeks) and the venue details.

Accommodation

You will need to source your own accommodation for the two weeks. *Please note*: the venue does not have any accommodation. We are happy to recommend hotels in the area that other students have used, please contact Fiona. (Some have also rented local AirBnB accommodation or similar.)

Part 2 Manual

Please ensure you have read your Part 2 Manual in full before attending Week 1, and read it again before Week 2. You will need to bring your manual with you on both weeks. It is also a good idea to re-read your Part 1 workshop notes before you attend Part 2.

Part 1 – Online courses

Please ensure you have completed all of your onlines prior to Week 1, a reminder will be sent out if you haven't already done so. If you took the courses a while ago, it's a good idea to revisit them, or at least the notes, before attending Part 2.

Part 1 – attended courses

Please note, you are unable to attend Part 2 if you have not completed all of the required Part 1 in-person workshops. This is to ensure you get the most out of the course because Part 2 builds on everything you have learnt so far in Part 1, pulling it all together and adding more understanding, depth of knowledge and skills practice.

What will I learn on Part 2?

Please see: <u>Subjects and Skills Covered</u>, to get an overview of what is covered during the two weeks. You might also like to view the recording of a <u>Part 2 Open Evening</u>, where the tutors discuss what happens on Part 2.

Will I have to write lots of essays?

No. There is no requirement to write essays on the Diploma. Our <u>practical training</u> is not overly academic – it is presented in clear language by expert tutors with a wealth of practical experience, making it equally suitable for anyone already working in the caring professions or those new to psychotherapy.

Part 2 Assessment, and 2-hour exam

Your therapeutic skills are assessed throughout the 2 weeks and there is a 2 hour written examination on the Friday afternoon of Week 2. If you have any concerns about taking the written exam, please <u>contact us</u> to discuss the options available to help you. Full details of how you are assessed on all 3 parts of the DIploma are given in the Student Handbook.

What happens after Part 2?

You will be notified as soon as possible after the course to let you know whether you have passed and will be sent a report (which you will need to show your supervisor). Once you have successfully passed Part 2, you will be invited to join the <u>HGI</u> as a Trainee Member to start working towards your Part 3 Assessments to become fully qualified at Practitioner Level, and sent the appropriate application forms and information. The Part 2 tutors will also go through this with you on Week 2, as well as explaining how you can find an HG Supervisor-tutor, and the general requirements, and advice on finding clients and setting up in private practice in the future if that's what you'd like to do.

Your Supervisor-tutor will support you and guide your development and therapeutic practice in readiness for taking Part 3. They will also advise you on how to find suitable clients as you hone your skills and deepen your HG understanding. You will also be able to join an HGI Peer group to gain further mentorship from experienced HG therapists. Working towards Part 3 documents with more detail of what's involved in this stage will be sent to you by the College after you have received your Part 2 report and exam result.

HGI Membership fee

The HGI Trainee Membership fee is £120 per year – you can only become a member once all the necessary completed paperwork has been received by the HGI, along with your insurance and supervision contract. (*Also see*: <u>Trainee Membership of the HGI ></u>)

What can I call myself

If you intend to see clients after taking Part 2 whilst working towards <u>Part 3</u>, you must make your trainee status clear at all times by calling yourself a Trainee Member of the HGI and stating your qualification as 'HG.Dip.P. (Trainee)'.

Got another question?

Please see: Frequently Asked Questions >

Our friendly team are also happy to answer any questions you might have. You can email them on: <u>admin@humangivens.com</u> or call: +44 (0)1323 811690.